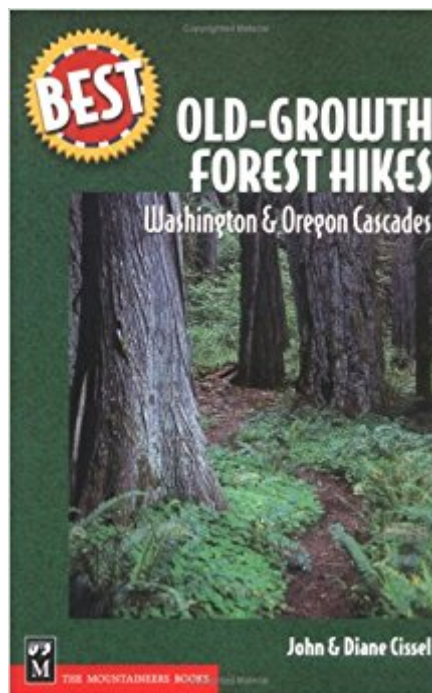




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Best Old-Growth Forest Hikes: Washington And Oregon Cascades, (Best Hikes)



Synopsis

Discover the majesty of old-growth forests in the Cascades Showcasing one of the most celebrated wonders of the Pacific Northwest, these 100 dayhikes are your key to understanding the unique features of old-growth forests and the ecological forces that shape them. Detailed maps show where old-growth forests are located along featured trails Sidebars highlight additional short nature trails through noteworthy giant trees. Color photo insert compares tree species you'll encounter on the trail Quick-guide tree identification list included Illustrated with drawings of plant and animal species found in the vicinity

Book Information

Series: Best Hikes

Paperback: 288 pages

Publisher: Mountaineers Books; 1 edition (April 2003)

Language: English

ISBN-10: 0898868394

ISBN-13: 978-0898868395

Product Dimensions: 8.3 x 5.4 x 0.7 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

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Customer Reviews

Here are 100 old growth-oriented day hikes with descriptions packed with information, superb maps, and a...list for tree identification. -- Medford Mail Tribune

John Cissel, a forest ecologist and Bureau of Land Management science liaison for western Oregon, hiked more than 2000 miles while researching this guide. Diane Cissel, a veteran hiker, is an illustrator and graphic designer. The husband and wife team also published 50 Old-Growth Day Hikes, a series of annotated, illustrated maps for the Cascades. They live in Eugene, Oregon.

I have quite a library of hiking guides, but this book is my clear favorite. It clues you into many spectacular hikes that other books miss when they focus on waterfalls and mountain peaks. I wish

there were more guides like this one.

Only had a week to visit Washington State, and made the absolute best hiking choices using this great book! Information was right on about where, when and how. Avoided crowds and saw some of the most fabulous forests left in the NW lower 48.

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